

Young People's Service Case Study

Completed by

Gill Hewlett

Date

23.08.2018

Reason(s) referred (what were the concerns)

What your worried about

- There have been two missing episodes for MS in a space of 14 days.
- CSE tool was undertaken with MS and she is not suspected to be at risk of CSE.
- MS could be associating with young people with CSE concerns.
- MS's emotional wellbeing in that she lacks self esteem.

What's working well

- MS is a child who is able and willing to talk and has been open in her communication
- MS is not beyond parental control
- Referral was made to CAMHS for MS
- Family have engaged in the social care process
- I will continue to see MS as requested until the case is closed.
- Both MS and Miss Swan have consented to referral to ENGAGE

What needs to happen to decrease risk and improve safety

- MS to gain insight into CSE
- MS to gain insight into risk taking behaviours which places her at risk
- MS to be spoken to about her friendship groups and whether these are helping relationships
- MS to be spoken to about the effects of drug substances and alcohol
- Risks for MS associated with Social media, in particular Instagram

Summary of work carried out (what worked well, what didn't)

- CSE indicator tool completed- discussed at SEMRAC
- Strategy meetings were held to discuss concerns and missing episodes
- RHI's completed on the 2 missing episodes.
- Completed CSE interventions on a weekly basis for a period of 5 months covering the following:
- What is CSE, risks and vulnerabilities, models of CSE using DVD resource and discussion
- Using resources have an understanding of each stage of the grooming line and relate it to their own experience.
- Discuss healthy/unhealthy relationships using power & control resources.
- Risk management using push & pull factors resources
- What is consent?
- CSE and the law, support networks & signposting
- Internet safety and sexting- personal safety on & off line, social media and minimizing risks.

What were the achieved outcomes

- Improved Self Esteem
- Improve Mental Health and Wellbeing
- Improve Resilience and Coping Strategies
- Reduced Risk of CSE Indicator
- Increased Awareness/Knowledge and Ability to Make Informed Choices (E-Safety)
- Support Exit from Social Care

What difference did your intervention make? (what happened as a result of your intervention)

MS stated that this is one things she feels she has improved on is the way she feels about herself and how she relies less

on what her peers think about her MS has distanced herself from peers that are not a good influence on her and she can see positives in the way teachers are responding to her which is making things calmer at school and MS feels more motivated. She has more knowledge to make better decisions in school and at home Mum also agreed with this and also stated their relationship has improved throughout my intervention.

MS has used techniques learnt on dealing with stress and anger and can use these skills to deal with situations as and when they occur now. She practises them and knows the ones that work well for her.

No longer discussed on the CSE agenda Closed from SEMRAC- Risk significantly reduced **Update I spoke to MS's step dad a few months after closing and he stated that MS had received inappropriate messages from a young man on social media MS agreed for her step dad to take the phone and inform the Police of these messages She didn't reply to them and stated he can show me if he felt it was appropriate This was a big shift in MS's usage of social media and showed maturity and didn't keep secrets from her parents**

MS has used information and knowledge appropriately regarding internet safety and feels she is more in control of situations and is more open with her parents and has a greater understanding of risks.

MS is no longer involved in CSE and has been closed from Social care

Young person's feedback on support received (young persons voice)

How would you rate service you received from your youth worker-
Excellent

Were you able to talk to youth worker
- Yes

Were you listened to by your youth

Have you had a positive impact from working with youth worker- Yes
What has improved for you as a direct result of working with your youth worker?
Personal safety, self esteem, physical health, confidence and relationships.

Using the scale below please tell us where you feel you were when you first started working with your youth worker (where 1 is the lowest score and 10 is the highest score): **2**

Using the scale below please tell us where you feel you are now, (where 1 is the lowest score and 10 is the highest score): **10**

Supplementary information for future development of YPS intervention and community based services/resources

For internal (SBC) use:

What (if anything) would have helped you to succeed earlier? (be specific)

What community based services were available to the young person or you and were these accessed?

Groupwork was offered to MS through the YES consortium activities but at the time she didn't feel she wanted to access this service

Have you identified in gaps within current community based services?

Please comment on any learning which can enhance the continual improvement of the service

Good communication and good working relationships are key when working with young people involved in CSE. Timely strategy meetings and the right people collaboratively working together improve outcomes for the young people in our care.

